



BREAKDOWN SERIES with Rapheal Davis

- Players will receive instruction and training on detailed offensive skill work to become an effective and complete scorer so they can *breakdown, blow by, cross up and score* on any defender!
- Footwork/Ball handling
 - Focus on how and why footwork and ball-handling go hand in hand with being a threat to score on the offensive end
- Shooting / Finishing
 - Learning to focus on form and proper footwork for different shot types (off the dribble, catch and shoot, using a screen) and various finishing techniques around the rim.

LOCKDOWN SERIES with Rapheal Davis

- Players will receive instruction and training on the concepts necessary to become a knowledgeable and solid defensive player. Players will learn:
 - Proper defensive stance and positioning
 - On-the-ball and off-the-ball positioning
 - Defensive rebounding positioning and technique
 - Close-out fundamentals
 - Team defensive principles in the half-court
- Open to boys & girls in Grades 3-8
- \$25 per workout, must sign up and pay in advance. (Limited spots available)
- \$100 for both Breakdown and Lockdown series
- **Dates: 11/8, 11/15, 11/29**
- Times:
 - 5:30-6:30pm (Breakdown)
 - 6:30-7:30pm (Lockdown)

Online sign-ups coming soon!

To sign up call (260) 479-2720, or email Gabrielle_North@lhn.net